

Magazine

No. 197 February 2025

Dear Friends

With the last faint jingle of a bell a distant memory, decorations packed away for another year, and the remaining pine needles from the carpet hoovered up and brushed away, what to do now? For some people January and

February are months of celebration and birthdays, of Burns Suppers and Valentine Day. For others it can feel like a long, slow haul to better, brighter days that so often seem too far away in the grey mirk of these early months.

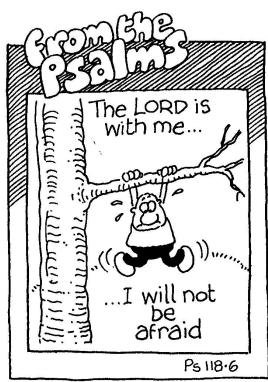
One of the pleasures of walking up and down to Church from the manse over the course of a year is watching the changing seasons in the plants and trees that line Braid Road. Nigella Lawson waxes lyrical about the coming of rhubarb heralding the arrival of Spring... 'it appears brightly in the bleak

midwinter...improbably pink, the colour of hope, filled with the all the light that is missing from our skies.'

That might be taking it too far for some, but I have always felt that in our often concrete-

shod world, though I'm no gardener, there is something to be rejoiced over in the turning of the seasons. The great unfolding love of God in Jesus rolls us on from Advent and Christmas, to sparkling Epiphany and sombre Lent, and on, and on, to Easter.

Who knows what 2025 may bring for each one



of us? Each year will have its seasoning of joys and fears, of loss and gain. But the unshakeable certainty of our Lord holding the months and days in His hands is one that gives me great comfort. Not escapism; nor fatalism; but comfort. That through the bright and the bleak, the tearful and the joyful, God holds on to people like you and me to ease us into whatever lies ahead, and reminding us constantly that He will be with us always, throughout all time, wherever we may be

led.

Hold on through these Winter months – Spring is coming – and that for all of us means new beginnings, and new hope.

Very Revd Dr Derek Browning

KIRK SESSION NEWS

The Kirk Session met in December and discussed the following:

Stewardship & Finance - Robert Armour Convenor, reported that for some time we have operated with a deficit but in the last two years it has grown until in 2025 we are budgeting for a possible deficit of £96k, with the prospect of another possible £50k needed to deal with the roof works in the South corridor roof. We are living off our reserves. There are many reasons for this, but our operational costs are affected by external factors e.g. the general rise in the cost of living including increases in the costs of utilities and wages. The General Trustees use the power of the size of the Church market to negotiate as favourable rates as possible from utility suppliers. For a period, the previous negotiated tariff postponed the impact of the market increases. However, that deal has now expired and the new deal has to reflect the increases in the market. The budget for maintenance and repair has increased, as the costs of labour and materials have increased substantially. The levy for Giving to Grow has increased to c£100k. Our recent stewardship campaign raised our giving but sadly recent deaths have had an impact on our income.

In 2024 the budgeted income of £305,740 was anticipated to rise to £310,257 at the year end.

In 2025 the budgeted income is increased to £318,500, the budgeted expenditure to £414,603.

We set this against the reviewing of giving last year, which is beginning to show that things are slowly starting to turn in the right direction. This is alongside a rigorous control of expenditure over which we can have influence, and a renewed increase on letting around our premises which has been extremely positive. The growth of congregational giving will also need to be sustained and where possible increased over the next months.

Recognizing that there is a long way to go financially, but committed to working towards tackling these issues faithfully and with financial acumen, Session was asked to, and duly approved, the budget.

The Moderator thanked all those involved in the production of the budget and their oversight of the Church finances throughout the year.

Communication – Issie Paterson, Convenor, reported that the Christmas Tree Festival had started well and on the first Saturday children from George Watson's College performed and the Social Committee had provided tea, coffee and mince pies. On that day £565 had been raised with a further £600 from the craft stall. On the following Saturday the Buckstone Choir would perform and tea, coffees and mince pies would again be available. The money raised is to be divided between the Wednesday Club and a charity for the children of Gaza.

Health & Safety - the Moderator reported that a rope barrier was in place in the sanctuary at the step between the pulpit steps and the St Andrew's room door. The Friends of Morningside had met the cost.

Presbytery Elder's Report – The Clerk reported that Presbytery met on 3 December and opened with a Communion Service before progressing to the usual range of ordinary business. This included the Leave Taking of the Presbytery by the Revd John Wells, formerly minster of Morningside Braid, on his retiral to live in the Borders.

It was reported that Presbytery had agreed to have an office once again. The office in Palmerston Place had been surrendered during the Covid pandemic and on a temporary basis had operated from the home of the Adminstrator. The new office is part of a serviced block at the Gyle at 4 Redheughs Rigg, Edinburgh, well placed as a base for staff and with good transport links to both Edinburgh and West Lothian.







7:30PM



We are advertising this event with Fairmilehead and Greenbank Parish Churches. All warmly welcome.

WORSHIP NOTES

The Sacrament of the Lord's Supper will be shared on Sunday 2nd March at 9.30am and 10.30am in the Church. At the 10.30am service, those who remain in the seated areas of the Church when wine is served will receive the individual cups. Those wishing to receive the Common Cup should join the Minister at the appropriate point at the vestibule end of



the sanctuary where a table with the elements of bread and wine will be set. We gather at that table and hand the bread and wine to each other in a circle around the table. All are welcome to share in Communion in whichever way they choose.



ROLL CHANGES

Please give a warm welcome to our newest member, Olivia Thrower, who was admitted as a church member on 1 December 2024.

Please remember in your prayers the family and friends of Mrs Christine Peterson, who died on 18 December 2024

THE LOCAL ECUMENICAL SERVICE for the WORLD DAY OF PRAYER Will be held on FRIDAY 7th MARCH 2025 at 10.30 am



Theme: "I Made You Wonderful" (from Psalm 139: 14)

This service has been written by Christian women of The Cook Islands.

Our local WDP service will be held this year at St Peter's RC Church, Falcon Avenue at 10.30am, followed by refreshments. An invitation is extended to all at Morningside Parish Church and it is hoped that as many as possible will be able to attend.

10 Days of Prayer lead up to the World Day of Prayer. These prayers begin on Tuesday 25th February and will be posted on the Scottish WDP Committee website and Facebook: www.wdpscotland.org.uk

A list of other WDP services in Edinburgh and further afield will be available on that website under 'Service Arrangements'.

THE WSPP 'PAD PROJECT' – THANK YOU!

As you will be aware our time supporting the Pad Project came to an end in 2024.

When the final funds distribution was made, Marion Tasker sent a letter of thanks, which I would like to share with you as thanks for all your hard work in supporting this very worthwhile charity.

"Dear members of Morningside Church,

First of all I would like to say a big thank you for the most generous donation received by the National Police Aid Charity this week.

Your contributions so far have played a large part in setting up a new project early last year in the Gambia. We began with a group of students in a community centre where a total of 900 girls were beneficiaries of the pads free of charge. There was a very public launch of the Washable Sanitary Pad Project attended by many dignitaries, several school Principals and the state TV company. The TV news that evening donated a large amount of time to showing this launch. I am attaching a social media report of the event. Your first 2 donations were spent on fabric which I buy here and ship out to Gambia and 2 commercial sewing machines.

The project has since developed into schools where 60 teachers have been instructed in the making of the pads and they have taken this knowledge into their schools where the students make the pads in class. This is a very pleasing result.

The history of this project began back in 2013 when I visited Zambia with NPAC. There I found that girls were missing time from school during menstruation due to lack of hygiene products, so I set about finding a solution. This has resulted in workshops in several villages and schools in Zambia and Malawi. I was then approached to go to Zanzibar where we had a workshop in the office of the 1st Lady who now oversees the workshop in a building donated by the government and personally presents pads to school girls free of charge. This has encouraged a Member of Parliament in Tanzania to set up a further project in Dodoma and is personally buying some of the fabric herself.

I have had requests from other people to help with advice on patterns and instructions. There is now a project in Uganda organised by an English lady and some ladies from Dublin have been successful with a project in Lesotho. Here in England, I have a workshop making pads to go in the Rotary Aqua boxes which are sent all over the world. Finally, at the recent Inner Wheel International Convention I met a member from India who is interested in making the pads. I already have plans to visit there next year with a colleague who is a trustee of an Orphan village, and we would like to teach the house mothers how to make the pads. The Indian lady will source some similar fabrics available in India so this will save us time when we arrive. Another successful meeting.

It is unbelievable how this project has developed over the years, I could never have envisaged this but it is largely due to the generosity of people like yourselves that have made it possible for school girls to be presented with their gift bags free of charge.

Many thanks again.

Marion Tasker Chairman NPAC Past Inner Wheel District 22 International Officer"

CHRISTMAS TREE FESTIVAL

We held this event for the third year from 7th - 14th December and feedback suggests that it fulfilled its purpose. We had hundreds of visitors to the event who seemed to find it interesting and uplifting.

Our generous sponsors were again William Purves (Funeral Directors) Ltd and our participants were slightly different from last year. The Rainbows had their own tree and, as last year, they also decorated the tables for refreshments. The Open Door returned after last year's absence and Kumon decorated a tree for the first time. But whether decorating a tree for the first, second or third time, the results were beautiful and informative as to what each organisation aimed to do.

We were grateful to the Social Committee for providing the tasty refreshments and to Rona McLaren for organising and contributing so much to her craft stall. It was, again, a major attraction for visitors.





Junior School Musicians from George Watson's College performed for us on one Saturday and Buckstone Community Choir sang on the second Saturday. Both groups attracted a large and welcome number of supporters.

This is a community event - to welcome people into our sanctuary - and it was delightful to have local nurseries attend and show such interest. But we did raise a total of $\pounds 2,275$ - half from the craft stall and half from donations and the raffle. This will be divided equally between our own Wednesday Club and a medical appeal for Gaza.

WEDNESDAY CLUB FOR THE DISABLED

In December two events were held in the Sanctuary for the benefit of not only the wider community but also the Church membership, their families and friends; these events were the Christmas Tree Festival and the Telephone Choir's "Evening of Songs and Carols."

The Christmas Tree Festival is staged to highlight a few of the numerous groups that meet in the Church premises and promote their activities to the wider community. This Festival is not meant to be "fund-raising" but the Outreach Committee had agreed in advance that any funds raised would be split 50/50 between an organisation that provides relief for children caught in the Israel/Palestine conflict in Gaza and the Wednesday Club. The Kirk Session had earlier in the year renewed the long-standing agreement that the collection taken after the Telephone Choir Concert would be for the sole benefit of the Wednesday Club.



Both events, once again, proved immensely popular and were well attended. Each organisation received circa £1,000 from The Christmas Tree Festival while the Club received circa £800 from the Telephone Choir retiring collection, with Gift Aid still to come.

As a result of these generous donations, the Club will be able to provide a full programme of Summer Outings this year and, perhaps, be in a position to increase the frequency of the winter meetings (currently meeting monthly), although the latter will depend on the impact of any increases in transport hire costs.

The Club would like to take this opportunity to record its thanks, and gratitude, to the Outlook Committee for including us as one of the beneficiaries for funds raised at the Tree Festival, to the Kirk Session for renewing the retiring collection mandate and to the Telephone Choir for their continued interest in, and support of, the work of the Wednesday Club.

If anyone knows of someone who might be interested in joining the Club, please contact me. Note: transport might be available but that would be dependent on whether they lived on, or close to, an existing route.



Charles S Wilson MBE, Club Coordinator

Email: <u>charles s wilson@btinternet.com</u> or Phone: (0131) 449 2866



Morningside Hope



MORNINGSIDE HOPE EVENTS





MORNINGSIDE HOPE CONCERTS

The final concert of the year on 30 November 2024 was a culmination of three years of the Dementia Friendly concert series and a fitting conclusion to the entire three year project supported by generous funding from the Tor Foundation. This event featured our music therapists, Forget-Me-Notes, who lead the Music and Memories group and build on dementia friendly values in all their work. We had a good audience, with the added enhancement of a stunning Art Exhibition displayed all around the Sanctuary created by the Heart for Art group.

The trio of musicians were highly entertaining, providing detailed commentary, and leading vocals with acoustic guitar and keyboard accompaniments. Audience participation was encouraged with several popular songs such as Mairi's Wedding and Danny Boy included in the programme. It proved to be a joyous afternoon, greatly enjoyed by all in attendance.

Refreshments were served at the end of the concert, again our grateful thanks to the catering team and to Alastair Kiel for his warm welcome and conclusion. Thank you to Douglas Paterson for his perceptive photography, to the staff on duty and at the door, and to Morningside Parish Church for every support. A special thank you and congratulations to Jacqui Lindsay and the dedicated whole team of volunteers and professionals on an amazing three years of Morningside Hope achievements.

We are delighted that our concert series will continue into 2025 and we already have a full programme planned. Our next concert will be on Saturday 29 March at 2 pm when we will welcome back Morley Whitehead with an invited singer to give us an organ and vocal recital, an event not to



be missed. Please put the date in your diaries and join us then, and encourage friends and family to do the same, we are so grateful to all our audience members for their support.

Jennifer Rimer

UPCOMING DATES:

Morningside Hope



Art

HEART FOR ART: workshops for those with dementia and their partners/carersHeld every Tuesday in St Matthews' Hallfrom 7th January onwards11- 1pm

MUSIC AND MEMORIES IN MORNINGSIDE: workshops for those with dementia and their partners/carers

Held in the Cluny Hall every 1 st and 3 rd Monday s in the month			2- 4pm
January:	Mondays 6 th & 20 th	March:	Mondays 3rd & 17 th

 February:
 Mondays 3rd & 17th

(21st April is Easter Monday, so no class that day)

GENTLE EXERCISE CLASSES: dementia friendly but **open to all 60+**The class itself will last 40-45 minutes, followed by tea, coffee and the chance to chat.

April:

Mondays 7th 28th

16th April

Held on Mondays in the Cluny Hall 2-4pm

January:	Mondays 13 th & 27 th	March:	Mondays 10 th & 24 th
February:	Mondays 10 th & 24 th	April:	Monday 14 th

GAMES AFTERNOON: open to **everyone**, these afternoons are a chance to meet up with friends old and new, play our favourite board games, jigsaws etc. and have a coffee and catch up.

Held once a mo	onth on a Wed	Inesdav afterr	100n. 2-4pm

22nd January 19th February 19th March

DEMENTIA FRIENDLY CONCERTS

We offer four dementia friendly concerts each year. Open to all, the first for 2025 will be on Saturday. 29th March, by our organist, Morley Whitehead.



PASTORAL SKILLS COURSE, an Introduction: running over two evenings,

Tuesdays 18th and 25th March in the Braid Hall

Caring for one another is the responsibility of each and every one of us, so we are offering a brief introduction to Pastoral Skills from 6 –9.30pm each evening, hopefully starting with a light supper.

With a maximum of sixteen places, the course **is open to anyone** interested in finding out more about pastoral care, without the necessity of making any commitment, beyond the course itself.

The course will look at topics such as:

- Communication & listening skills.
- Boundaries and why they matter.

Self-awareness & self-care

Dementia

The training will be hands on/experiential in nature and the aim, to make it an enjoyable experience for those attending. There is no charge for the training and CPD certificates will be provided.

Pastoral Skills Course, Part 2: running over two evenings, Tuesday 21st & 28th October.

Open to those who have completed the introductory course above and want to further develop their skills and knowledge. Specialist subject for the level two will be bereavement.

Interested in attending? Please come along to any of the above, you will be made most welcome.

Interested in volunteering? If you would like to help with any of these activities please get in touch. We need a lot of willing hands to enable this exciting project to happen.

Or simply **interested in finding out a little bit more**, just contact our Pastoral Assistant Jacqui Lindsay on 07834 364 628 or e mail: <u>pastoralassistant@morningsideparishchurch.org.uk</u>

LIFE + WORK – FEBRUARY 2025

'More Than We Could Ever Have Hoped' - Churches offering a regular warm space in the depths of winter

Becoming a Christian at 40 - A reader's reflection

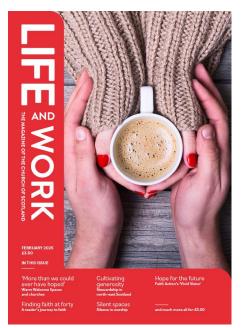
Stories of Ordinary People - John L Bell talks about his latest book

Connection and Purpose – Continuing the series on Priority Areas work, Neill Shaw highlights how churches can provide a welcoming home for people experiencing hardship.

Cultivating Generosity - Stewardship in north-east Scotland

Our Presbyteries - The series finishes with the Presbytery of Jerusalem

'You Should Be Very Proud' - Christian Aid at 80, and the Church of Scotland minister who started it all.



MORNINGSIDE HOPE QUIZ AND SILENT AUCTION.

When: Tuesday 17th June Time: 7 – 9pm

We plan this one-off fundraiser for Morningside Hope and very much hope you can join us, either as a team of 6 or just as yourself and we'll make up teams on the night.

We hope too that you might be able to donate items (unwanted

gifts, family heirlooms that are just cluttering up the place (a) etc.) and talents that we can auction on the night.

Examples of talents might be things like:

- catering a dinner party for 4
- 2 hrs gardening
- An evening's babysitting or dog or cat sitting 🐵
- A dog walk
- An hour's consultation with a financial advisor
- 2 hr intro to IT skills
- A batch of baking or a birthday cake for that special occasion
- 4 introductory music lessons

Any talent you might have that others could benefit from; we can probably auction it!

It's likely to be a fun night so we hope that as many of you as possible can join us.

Jacqui Lindsay



We help people live well and maintain their independence

The Open Door has been bringing care, love and laughter into peoples' lives for over 42 years. We aim to reduce loneliness in our South Edinburgh community – with a focus on older people, many living with dementia, physical

disabilities and other challenges. We provide a welcoming space where people make friends and engage in stimulating and creative social activities that are carefully tailored to their interests and abilities.

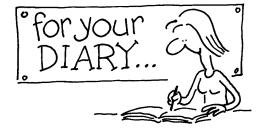
We run four weekly Day Service groups for older people - 60+, and their families and carers.

We run a monthly drop-in peer support group for Carers of older people.

We offer supported volunteer placements and work-specific training.

"Attending The Open Door has given my mum a lot of independence back and improved her mental health. It benefits both my mum and dad greatly"

We would love to support anyone you know that would benefit from one of our services, and anyone wanting to volunteer or fundraise for us. Please get in touch: email <u>hello@theopendoor.org.uk</u> or phone 0131-447-9757 and ask for Simon or Lynnette.



FLOWER LIST



The flower list for February is as follows:-

		Donated by	Arranged by
Feb	2	Lorna Graham	Marjory Watson
	9	Doreen Reekie	Anne Armour and Issie Paterson
	16	Hsien-Lin Ro	Karen Keil
	23	Robert McCabe	Joan Burnet

The new flower list for 2025 is now complete and all dates have been filled. May I take this opportunity to thank all those who have put their names down. The flowers are an important part of our

church's ministry by beautifying the church on a Sunday morning and then being distributed to members of the congregation after the service. I know from the letters I receive that they are always much appreciated by those who receive them. The cost remains at £45. Cheques should be made payable to 'Morningside Parish Church Flower Fund' or payment can be made by bank transfer if preferred. If you are a UK taxpayer and can give by Gift Aid, please advise me if you have registered with the Gift Aid Convener or alternatively fill out one of the Gift Aid envelopes. Monies can be given to a member of the Committee, put in the Flower Committee pigeon hole or sent to the church office clearly marked for the Flower Fund. Please contact me direct on 0131 449 2866; e-mail: irene_a_wilson@btinternet.com if you require details to make a bank transfer.

Remember, if you are unable to come to church on your chosen date for any reason, you can always see "your" flowers online.

Do you have a talent for, or would like to try your hand at, flower arranging? You will have noticed that the majority of our displays are now in vases as opposed to the pedestals we used previously. We are always delighted to welcome new members to join our team - men are also welcome if they have an artistic flair. If you would like to join us, or want to come along and see what it entails, please come and speak to myself or any other members of the Flower Committee on a Sunday morning. Training and guidance can be given if required.

Irene Wilson, Convener - Flower Committee



SCOTTISH LOVE IN ACTION – CINEMA NIGHT

Our annual cinema night takes place on Thursday 13th March at 7.30pm in the Dominion Cinema. This year the film is 9 to 5 with Dolly Parton. A ticket costs £50 for two people and includes fizz, snacks and gold class seats.

If you would like tickets, visit the SLA website <u>www.sla-india.org</u> or speak to Lesley Murphy after the church service on a Sunday.

MUSICAL NOTES

We all surely realise how fortunate we are at MPC in our possession of a fine organ - basically, a "Father" Willis (he was the greatest of C19 British organ builders), and one of the very last instruments he built, being first heard publicly in 1901. But any organ builder or indeed organist will tell you that the single most important stop on an organ is the acoustic of the building in which



it is housed; and whilst that at MPC is not over-dry, allowing the sound, with something of a resonant "halo", to speak well and musically throughout the whole building, come the "Covid lock-down" a number of us noticed that with most of the chairs removed from the nave the sound was even better than normal. And so the idea was mooted (by elder Hugh Crawford, particularly) that we should record the instrument in its temporarily improved acoustic. It has taken some time to complete the project, not the least of stumbling blocks being the various restrictions imposed by the "lock-down" itself! But we have eventually got there - we recorded the whole thing all on one day, some 8 hours! -, and now you may buy a CD of "Organ Favourites", played on the MPC organ by yours truly. Total playing time is just under the hour, the price £10, and all monies raised will go to our Choral Scholarship Fund. Do please "stop me and buy one"(!) (or 2, or 3?): even if you are not particularly fond of organ music, "Favourites" or otherwise, you will surely know people who are... And it IS a good cause.

Next month, under "Musical Notes", a review of the CD will appear (like in "Organists' Review" and so on), written by retired elder Dr Jim Jenkinson, who has more than a passing interest in "The King of Instruments."



MW

Feel Good FRIDAY

The Galleon Club invites adults of all ages in our local community to our NEW free Feel Good Friday evening sessions. Come for a swim and what we're sure will be some top class chat over a cuppa afterwards.

SWIMING SESSIONS

WHEN? 7.15pm-8.30pm on Fridays, starting Friday 10 January 2025

WHERE? The Galleon Club, George Watson's College

Car parking is available.

Open to members and non-members of The Galleon Club.

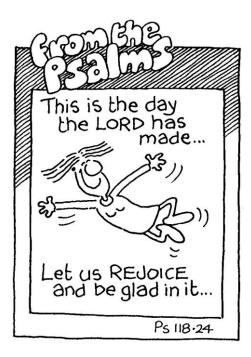
Places are limited so book soon!



An Edinburgh Merchant Company School. Registered Charity SC009747

MARCH MAGAZINE

Material for the March issue of the magazine should be with the editor, Alison Riddell, by **Friday 14th February 2025** and it will be available by Sunday 2 March. Contributions should be emailed to <u>editor@morningsideparishchurch.org.uk</u>.



Sonnet 29 William Shakespeare

When, in disgrace with fortune and men's eyes, I all alone beweep my outcast state, And trouble deaf heaven with my bootless cries, And look upon myself and curse my fate, Wishing me like to one more rich in hope, Featured like him, like him with friends possessed, Desiring this man's art and that man's scope, With what I most enjoy contented least; Yet in these thoughts myself almost despising, Haply I think on thee, and then my state, (Like to the lark at break of day arising From sullen earth) sings hymns at heaven's gate; For thy sweet love remembered such wealth brings That then I scorn to change my state with kings.

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